



Dear Horse Power Healing and All Volunteers,

Thank you for all of the hard work you did to provide a family fun day for all the families at your Fall fundraiser. Everyone did an amazing job and it was enjoyed by all. It will be exciting to see this new program grow. We are all praying that the indoor arena will be available by next year for all the riders to enjoy.

I am looking forward to watching the development and expansion of this program to include more and more families. It will be nice to know that other participants can receive the same kind and nurturing care that my son receives from each and every one of you at Horse Power Healing.

I am amazed to see the changes therapeutic riding has done for my son in such a short time.

Helping him with balance and coordination

- Giving him self Confidence and self esteem
- Helping him with his legs and working on turning his feet in to help with his walking/gait
- Allowing him to set his own measurable goals with his Therapeutic trainer.
- Developing visual and spacial awareness.
- Developing a sense of responsibility with the care and grooming of a horse.
- Enhancing his senses: movement, touch, and pressure to help with sensory integration needs.
- Also helps with posture, breath support, and relieving anxiety.

Josh is now twenty-years-old and his dream and passion for riding horses is finally coming true. Grandpa used to have horses, and Mom grew up showing horses, so Josh said it is in his blood, and he is a natural at it. Weighing only 1 lb. 6 oz. and being born premature at twenty-three weeks, and not given much of a chance to live, Josh is more than just a miracle; he is a fighter. Josh has overcome many obstacles in his lifetime, from home oxygen, apnea monitors, breathing treatments, and being tube fed for thirteen years. Horse Power Healing has put the biggest smile on his face, and it lasts a couple of days. I am so amazed at what Liz and Wendy do, along with all the hard working volunteers.

I get just as excited to watch Josh, as Josh gets when he rides. His smile is contagious and that is all he talks about. Josh's dream is to someday be an independent rider and to show horses. I believe in Josh, as he has proved us all wrong his whole life. Anything is possible with this wonderful young man. Thank You Horse Power Healing for giving my son something to look forward to each week and a dream to hold onto. Keep up the amazing work. You are all wonderful special people and so appreciated. I know things can maybe seem slow starting at times, but hold onto your dream and for now enjoy the smiles on the faces of the people you touch! That indoor riding arena will come someday soon.

Sincerely,
Josh Horne and Family

